

...that can change and empower your life

We reap what we sow.

They may be just five little words, but they are five of the most powerful words in the English dictionary in this sequence. Together, they have been known as the Law of the Farmer, yet they transcend every industry and every aspect of life. There will always be a direct correlation between what we sow and what we reap, our actions and results, eventually. Our actions will produce a result and if we improve our actions, the results will follow.

We reap what we sow.

It is a matter of cause and effect. This is just as true in farming as it is in manufacturing, athletics, politics, painting, sculpting, drawing and building. It is true in eating, breathing, sleeping, speaking, writing, and singing as well as selling, teaching, policing, parenting and coaching. What you send out comes back.

All one need do is internalize these words and your life can change as it becomes a pledge of personal responsibility and accountability. You are the maker and shaper of your own destiny by your own actions that you control, God willing. You hold the key and with the power to become the best you can be, and the ability to change the direction of your life, and business, one action at a time.

We reap what we sow. These five little words form the foundation of an empowering concept and strategy called Activity Management, that is used today with even counting calories and steps. And like many best practices, this one has biblical roots. As Jesus taught us over two thousand years ago, "Whatsoever a man soweth, that shall he also reap." (Galatians 6:7 KJV)

We reap what we sow. Go sow...and reap like never before.

By Mickey Straub